



Every heart deserves a second chance

Heart disease is the leading cause of disability for men and women over the age of 65. If you or someone you love suffers from chronic heart disease or is recovering from a heart attack or stroke, the trusted, caring and experienced homemakers from **Visiting Homemaker Service (VHS)** of Hudson County can remedy the situation. To learn more, visit vhshc.org



Visiting Homemaker Service
Trusted. Caring. Experienced.

About every 25 seconds, an American will have a coronary event.

According to the American Heart Association, heart disease is the leading cause of death and disability in the U.S. It affects men and women who need an extra measure of care and assistance in the home if they are recovering from a coronary event or coping with chronic heart disease.

VHS can provide help and support to help restore or maintain a loved one's health as well as management and care plans to prevent future heart attacks or more serious conditions.

Registered Nurses or Social Workers provide the following services:

- **Health Education** to help clients and families understand treatments and routines and promote recognition of signs and symptoms to prolong health. This reduces the anxiety surrounding the illness and the feeling of dependency.
- **Medication Management** to assure that medication instructions are being followed and health is maintained.
- **Health Supervision** to identify any change in condition allowing for earlier intervention to avert more serious complications from heart disease.

VHS Nursing Care professionals also check vital signs and test results, assure that treatment plans are being fulfilled properly at home, and coordinate community services.

Additional services may include:

- **Certified Home Health Aide** to assist with the activities of daily life and to help with personal care.
- **Companion Service** to help the client reduce the risk of further complications by placing a trained and supervised Home Care Aide in the home to add a measure of safety, security and wellbeing.

Call today and get started! (201) 656-9012



Visiting Homemaker Service

Trusted. Caring. Experienced.

586 Newark Avenue Jersey City, NJ 07306 • Phone: (201) 656-6001 or (201) 656-9012



Like us on facebook



Follow us on Twitter